

## Community Group Questions 30 September 2020

Luke 12:22-34

1. Anxiety is now something people say they 'have' - like a bad back for example - part of life, you live with it. It is a buzz word in the modern narrative about mental health. Have you dealt with anyone struggling with this? Have you experienced it? What helps and what doesn't help?
2. When Christians struggle with feeling very anxious should they hear that they lack faith? Is there space for a conversation about trust? About what God's quiet sovereignty really looks like?
3. Jesus makes an obvious link between anxiety / worry and possessions. What is the link? How do possessions (our treasures) make us anxious?
4. Are all possessions physical things?
5. The 'big picture' remedy that Jesus offers is the promise of the 'kingdom' that God delights to give us. Do we look forward to this? Why and how should this be the antidote to anxiety?
6. Are there any 'treasures' we overvalue that need dealing with - that need 'selling'?